

# Trombone lip mechanics with inertive and compliant loads ("lipping up and down")

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## ABSTRACT:

Trombonists normally play at a frequency slightly above a bore resonance. However, they can "lip up and down" to frequencies further above the resonance (more compliant load) and below (inertive load). This was studied by determining the pressures, flows, and acoustic impedance upstream and downstream and by analyzing high-speed video of the lips. The range of lipping up and down is roughly symmetrical about the peak in bore impedance rather than about the normal playing frequency. The acoustic flow into the instrument bore has two components: the flow through the lip aperture and the sweeping flow caused by the moving lips. Variations in the phases of each of these two components with respect to the mouthpiece pressure allow playing regimes loaded by bore impedances varying from compliant to inertive. In a simple model, this sweeping motion also allows the pressure difference across the lips to do work on the lips around a cycle. Its magnitude is typically about 20 times smaller than the work input to the instrument but of the same order as the maximum kinetic energy of the lips. In some cases, this sweeping work may, therefore, contribute most or all of the energy required for auto-oscillation.

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## I. INTRODUCTION

In models of lip oscillation for playing brass (lip-valve) instruments, the phase and magnitude of the acoustic impedance that loads the lips on the downstream side are important and primarily determine the playing pitch. However, players of brass instruments can "lip up" and "lip down"; in other words, they can adjust their lips and other playing parameters so as to shift the pitch significantly up or down without changing the configuration of the instrument. An understanding of how this is done requires knowledge of how the motion of the lips, the flow into the instrument, and the pressures up- and downstream vary when lipping up and down. Measurements of these parameters form the basis of this paper. They are then used, in conjunction with a simple model, to show how the observed motion can provide the energy for auto-oscillation for both compliant and inertive loads.

The motion of the lips of players of lip-valve instruments has been studied by stroboscopy and high-speed video (e.g., Martin, 1942; Copley and Strong, 1996; Yoshikawa and Muto, 2003; Tarnopolsky *et al.*, 2006; Newton *et al.*, 2008; Bromage *et al.*, 2010) and hardware lip models (e.g., Gilbert *et al.*, 1998; Cullen *et al.*, 2000). The steady pressure in the player's mouth (upstream) has been related to the downstream acoustic pressure in the instrument (Bouhuys, 1968; Elliott and Bowsher, 1982; Yoshikawa, 1995; Fletcher and Tarnopolsky, 1999). The acoustic impedance

$Z_{\text{mouth}}$  in the player's mouth has been measured during playing (Tarnopolsky *et al.*, 2005; Chen *et al.*, 2012). The acoustic pressures have been measured up- and downstream simultaneously (Fréour and Scavone, 2013). In a previous paper (Boutin *et al.*, 2015), we have related lip motion to the up- and downstream impedance spectra, the acoustic and steady pressures, and the flow into the instrument for playing at normal pitch.

Brass instruments are normally played at frequencies that slightly exceed those of the bore resonances and, thus, the bore impedance  $Z_{\text{bore}}$  is compliant: the phase of the flow into the instrument leads the phase of the pressure in the mouthpiece. This phase is an important constraint in models of self-oscillating valves (e.g., Elliott and Bowsher, 1982; Fletcher, 1993). It is known, however, that the lipping up and down of brass instruments covers a range above and below the peak of  $Z_{\text{bore}}$  that lies near the playing pitch (Yoshikawa, 1995; Chen and Weinreich, 1996; Campbell, 1999; Eveno *et al.*, 2014). Consequently, it is interesting to investigate the correlations among lip motion, up- and downstream pressure, and flow for notes with either compliant or inertive loads. It is also interesting to know how the range of lipping up and down is distributed with respect to the frequency of the resonance that sustains the fundamentals of a particular note.

In this paper, the acoustic impedance upstream and the pressures up- and downstream are measured during playing and related to the flow into the instrument. Analysis of the motion of the lips then allows two components of the acoustic flow to be identified: the aperture flow through the lip

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aperture and the sweeping flow produced by the lips as they move into and away from the mouthpiece. This is done for normal playing, lipping up, and lipping down, covering a range in which the phase of the bore impedance changes sign and the magnitude changes considerably. These results are discussed in relation to a simple model for the lip motion that quantifies the energy input to auto-oscillation by the sweeping motion over the range of lipping up and down.

## II. MATERIALS AND METHODS

### A. The instrument

The trombone (Yamaha YBL 321, Hamamatsu, Japan) and mouthpiece are those used in an earlier study (Boutin *et al.*, 2015) with the B $\flat$ -F “trigger” in the shorter configuration and the main slide all the way in. (This is called first position by trombonists and used to play notes in a harmonic series, including the note B $\flat$ 2, nominally 116.5 Hz but which was “lipped” to frequencies in the range 100–125 Hz in this study.) The tuning slide was always 18 mm from its shortest position (a typical position for playing at A440).

The original mouthpiece was replaced by a transparent mouthpiece having the same volume and a similar rim. A shank with the same shape was inserted on the side, rather than on the axis of the mouthpiece, so that the lips were visible from in front and from the side through plane glass plates. The previous study showed the pressure throughout the mouthpiece to be uniform to a good approximation so a single pressure transducer (8507 C-2, Endevco, CA) measured the mouthpiece pressure near the rim.

### B. The trombone input impedance

The input impedance of the trombone bore,  $Z_{\text{bore}}(f)$ , was measured using an impedance head mounted in a plane plate that was sealed to the rim of the modified mouthpiece (Boutin *et al.*, 2015). An acoustic current source (Smith *et al.*, 1997) was located in the plane next to a microphone (4944 A, Brüel and Kjær, Næru, Denmark) and connected to a pre-amplifier and a FireWire audio interface (MOTU 828, Cambridge, MA). The impedance head was calibrated by measuring the impedance of an acoustically infinite duct 142 m long and 7.8 mm in diameter. The broadband signals used for calibration and measurement were sums of sine waves between 50 Hz and 1.0 kHz with a spacing of 0.67 Hz (44.1 kHz/2<sup>16</sup>). Measurements were conducted in a laboratory at temperatures of 26.3 ± 0.3 °C and 55% ± 6% relative humidity. The frequency and magnitudes of the peaks in impedance of the instrument depend on the temperature and composition of the air in the instrument bore. To determine their behavior during playing, the input impedance of the instrument was measured as soon as possible (within 3 s) after the instrument, initially at ambient temperature and flushed with dry air, had played a sustained note for 10 s. The impedance head was then connected and impedance measurements started. Each impedance measurement comprised 32 contiguous cycles of the measurement signal, each cycle involving 2<sup>16</sup> samples at the sampling frequency of

44.1 kHz and, consequently, lasting 1.49 s. The frequency and magnitude of each impedance peak were then calculated for each cycle. The values at the moment when playing ceased (i.e., 3 s before the first cycle of measurement) were determined by linear regression over the following 32 cycles during the measurement period. These were used for the precise determination of the relation between the resonance and playing frequencies and for the determinations of the acoustic flow.

The durations of the notes played in the lipping up and down part of this study varied from about 5 to 15 s with extended pauses in between. For calculations in this study, the values of  $Z_{\text{bore}}$  used are those extrapolated as described above from measurements made after 10 s of playing at normal pitch.

### C. Measurement of lip motion

The axis of the mouthpiece is horizontal, perpendicular to the face, and defined as the  $x$  direction; the  $y$  direction is also horizontal along the bore of the trombone and at right angles to  $x$ . The  $z$  direction is vertical as shown in Fig. 1. A high-speed video camera (X-stream VISION™ XS-4, Pasadena, CA, with Nikon Nikkor 35 mm f1.4 lens, Tokyo, Japan) is used to record ( $x,z$ ) images directly through the window from the side of the lips and ( $y,z$ ) images opposite the lips via a mirror parallel to  $z$  and at −45° to  $x$ . Image acquisition is triggered by input from a pulse generator at 11 025 frames per second. The exposure time is 62  $\mu$ s, and the maximum length of each movie is 0.2 s.

For experiments, the player started playing a note at normal pitch and then lipped up, lipped down, or maintained the pitch. When satisfied with the stability of the playing frequency, typically after a few seconds, the player pushed a switch to start the recording of images. The camera generated a square pulse corresponding to the acquisition of each frame; this signal was digitally recorded along with the pressure transducer outputs, which allowed the synchronization of images with the measurements of up- and downstream pressures.

### D. The impedance in the mouth and the up- and downstream pressures

$Z_{\text{mouth}}$ , the impedance in the player’s mouth, was measured during playing as described previously (Tarnopolsky *et al.*, 2005; Chen *et al.*, 2012). Two small parallel cylindrical ducts were glued together to make an impedance head with an oval cross section 4.8 mm × 7.8 mm. This was positioned to pass between the lips at the corner of the mouth (see Fig. 1). Players were asked to position the measurement end of the impedance head at the center of the mouth between their upper and lower teeth. Players reported no difficulty in playing B $\flat$ 2, lipping up and down while doing so. This arrangement locates the impedance measurement close behind the lips. One of the ducts was used to inject the current source, and the other duct led to a pressure transducer (8507 C-2, Endevco, CA). The current source is the sum of

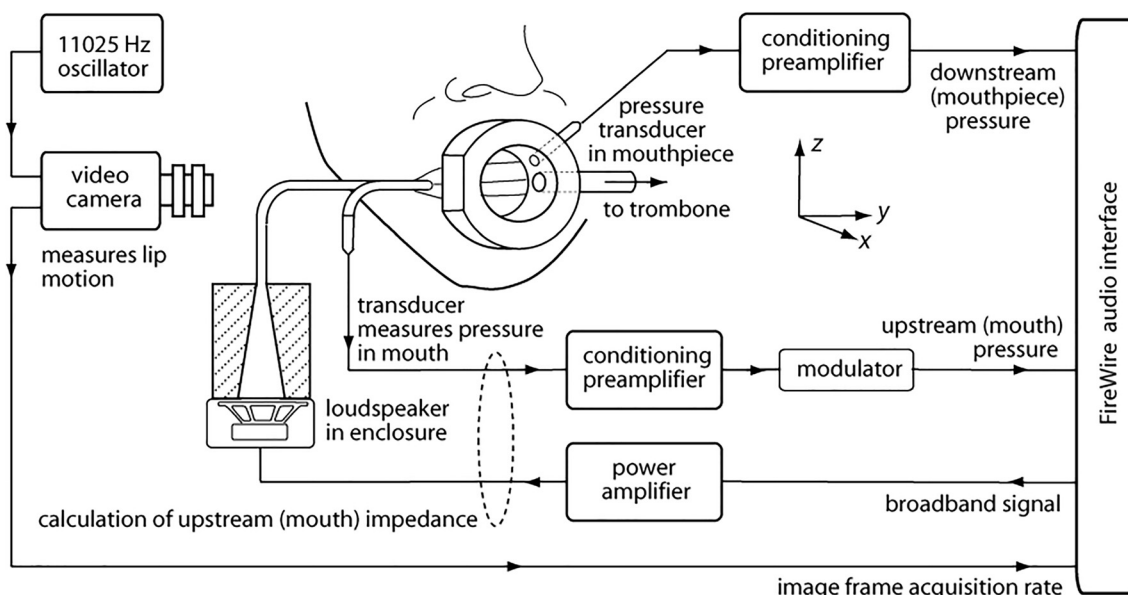


FIG. 1. Schematic diagram (not to scale) showing how the mouth and mouthpiece pressure, the upstream impedance, and the lip motion were measured. For clarity, the trombone and the mirror at  $-45^\circ$  are not shown.

sine waves from 50 to 1000 Hz with spacing 0.67 Hz. This impedance head is calibrated using an acoustically infinite duct, having diameter 26 mm and length 194 m (Dickens *et al.*, 2007). The acoustic pressure in the mouthpiece and that in the mouth measured by the pressure transducers in those locations were also recorded digitally. The mouth pressure signal was electronically modulated so that information on its slowly varying or steady component was not removed by the high-pass filtering in the audio interface. This signal was later demodulated during signal processing.

## E. The players

Seven players participated in the experiment; four (called advanced players) had more than six years of experience in bands and orchestra. Of the other three (called beginners), two had orchestral and band experience on brass but had not played for several years. The latter is the first author (H.B.), who started playing the trombone for the purposes of this research project, three years before the measurements presented in this paper.

The players were asked to play for as long as was necessary to become comfortable and to familiarise themselves with the apparatus. Then, they were asked to play at normal pitch for several repetitions. They were next asked to play a sharp, stable note (lipping up), raising the pitch as far as they could while sustaining a stable note, without “jumping” to the next resonance. Then, they played flat (lipping down) at different pitches. Between each set, the instrument was dried with compressed air at the laboratory temperature.

## F. Acoustic and steady flows and components

The flow  $U_{\text{bore}}$  into the bore of the instrument is the sum of two components; one is the flow through the lip aperture  $U_{\text{ap}}$ , the other is the sweeping flow  $U_{\text{sw}}$ , produced by

the motion of the lips, i.e.,  $U_{\text{bore}} = U_{\text{ap}} + U_{\text{sw}}$ . The aperture flow has a steady component ( $\bar{U}_{\text{ap}}$ ) and an acoustic component ( $u_{\text{ap}}$ ). (Henceforth, the steady component will be indicated by a capital letter with an overhead bar or macron, and the acoustic component will be indicated by lower case.) The sweeping flow  $U_{\text{sw}}$  is equal to the time derivative of the volume  $V$  of the lips inside the mouthpiece cup; this means that  $\bar{U}_{\text{sw}} = 0$ . Thus,

$$U_{\text{bore}} = \bar{U}_{\text{bore}} + u_{\text{bore}} = \bar{U}_{\text{ap}} + u_{\text{ap}} + u_{\text{sw}}. \quad (1)$$

The acoustic flow into the bore  $u_{\text{bore}}$  is calculated by dividing the spectrum of the mouthpiece pressure  $p_{\text{bore}}$  by the bore impedance spectrum  $Z_{\text{bore}}$  measured in the mouthpiece under playing conditions (both quantities complex), a technique described previously by Boutin *et al.* (2015).

To calculate the sweeping flow  $u_{\text{sw}}$ , the vertical cross-sectional area  $A$  of the lips inside the mouthpiece cup is calculated from the side view of each video image. The volume  $V$  is then given by  $V = AL$ , where  $L$  is the effective width of the lips (assumed to be constant) in the horizontal ( $y$ ) direction. [There are some similarities to the sweeping flow due to the motion of a reed (Dalmont *et al.*, 1995).]

During the phase when the lips are closed, there can be no aperture flow ( $U_{\text{ap}} = 0$ ), and then  $U_{\text{bore}} = u_{\text{sw}}$ —see Eq. (1). Consequently, it is possible to determine the effective lip width  $L$  and the value of  $\bar{U}_{\text{bore}}$ , neither of which were measured directly. This involved a linear least-squares fit between the waveforms of  $u_{\text{sw}} (= LdA/dt)$  and  $U_{\text{bore}} (= \bar{U}_{\text{bore}} + u_{\text{bore}})$  during the period when the lips are closed. (The average value of  $L$  was 13 mm, which is 0.56 times the inner width of the mouthpiece.) The acoustic aperture flow  $u_{\text{ap}}$  (the component of the acoustic flow passing between the lips) is simply the difference between  $u_{\text{bore}}$  and  $u_{\text{sw}}$ .

## G. Longitudinal sweeping flow

According to a simple model discussed later, the PV work done on the lips by  $\Delta P$ , the pressure difference across the lips, depends on the longitudinal sweeping flow, i.e., the component of sweeping flow in the  $x$  direction. The displacement of the inner surface of the lips is not available; therefore, the calculations of the longitudinal sweeping flow must be regarded only as estimates. The upper and lower edges of the aperture  $z_{\text{upper}}(y, t)$  and  $z_{\text{lower}}(y, t)$  are used in a definition of the effective upper and lower heights of the aperture, respectively, with respect to the position  $z = 0$  of the aperture at the first frame of the lip opening; these are given by  $z_{\text{top}}(t) = \int z_{\text{upper}}(y, t) dy / L$  and  $z_{\text{bottom}}(t) = \int z_{\text{lower}}(y, t) dy / L$ . The component of volume displaced by the lips in the  $x$  or longitudinal direction during  $dt$  is then

$$dV_x(t) = L \left\{ \int_{z_{\text{top}}(t)}^{z_{\text{upper limit}}} (x(z, t) - x(z, t - dt)) dz + \int_{z_{\text{lower limit}}}^{z_{\text{bottom}}(t)} (x(z, t) - x(z, t - dt)) dz \right\}, \quad (2)$$

where the upper and lower limits are the top and bottom of the image, respectively. Then, the longitudinal sweeping flow is defined as  $U_x = dV_x/dt$ .

## III. RESULTS AND DISCUSSION

### A. Up- and downstream impedance, pressure, and flow

The acoustic pressure difference across the lips  $\Delta p = p_{\text{mouth}} - p_{\text{bore}}$  is given by  $-(Z_{\text{mouth}} + Z_{\text{bore}})u_{\text{bore}}$ , where  $u_{\text{bore}}$  is the acoustic flow out of the mouth and into the bore, and  $p$  and  $Z$  are the acoustic pressures and impedances, respectively, measured in the mouth and mouthpiece (subscripts mouth and bore; Elliott and Bowsher, 1982; Benade, 1985). The magnitudes of the impedance peaks measured in the mouths of brass players are typically approximately ten times smaller than those of the bore of the instrument, and the players do not tune these to the playing pitch (Chen *et al.*, 2012; Boutin *et al.*, 2015). Fréour and Scavone (2013) find that  $|p_{\text{mouth}}|/|p_{\text{bore}}|$  can exceed one at the playing frequency but mainly for high notes, where  $Z_{\text{bore}}$  becomes small. Consequently, in normal playing for the notes studied here,  $Z_{\text{mouth}}$  contributes little to the series impedance ( $Z_{\text{mouth}} + Z_{\text{bore}}$ ) and, thus, contributes little to  $\Delta p$ . For lipping up and lipping down by more than 10% in frequency, however, players are well away from the bore resonance, so  $Z_{\text{mouth}}$  is a somewhat larger fraction of the series impedance at the playing frequency. Figures 2(a) and 2(b) show that  $Z_{\text{mouth}}$  is still several times smaller than  $Z_{\text{bore}}$  for playing frequencies around Bb2.

$Z_{\text{mouth}}$  has a larger contribution for the next higher notes of the harmonic series: F3 and Bb3 (with nominal

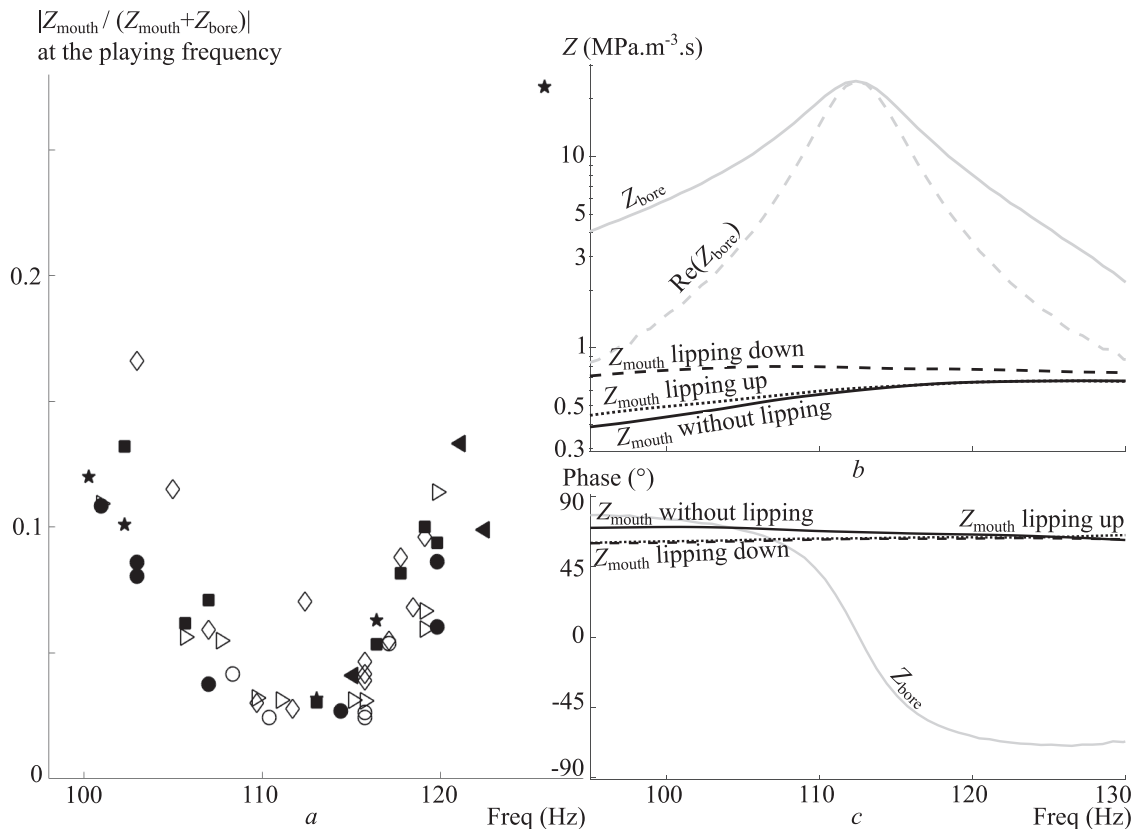


FIG. 2. (a) (Left) Impedance ratios  $|Z_{\text{mouth}}/(Z_{\text{mouth}} + Z_{\text{bore}})|$  at the playing frequencies near Bb2 (nominally 116.5 Hz) for the seven players. Each symbol shows one measurement. The open symbols correspond to beginners. (Right) Measured bore impedance (magnitude and real part) (b), and phase (c) (gray curves) and mouth impedances (black curves) averaged for all players while playing at normal pitch (solid), lipping down (dashed), and lipping up (dotted).



frequencies 174.6 Hz and 233.1 Hz for A440 tuning in equal temperament). Indeed, while the ratio  $|Z_{\text{mouth}}|/|Z_{\text{mouth}} + Z_{\text{bore}}|$  remains below 20% around the peaks of  $Z_{\text{bore}}$  at F3 and B♭3, it reaches 41% while lipping up from F3 to 175.6 Hz and 40% while lipping down from B♭3 to 216 Hz.

The normal playing range is always on the upper (compliant) side of the impedance peak. However, players can lip up a little way from the normal range and can lip down over a rather larger pitch range. Thus, the range of lipping up and down is not symmetrical with respect to the normal playing frequency. Rather, Fig. 2 indicates that the lipping range is roughly symmetrical with respect to the frequency of the (nearly symmetrical) impedance peak. Figures 3 and 4 show measurements on an expert player playing the note B♭2 normally and measurements for lipping it up and down. [Three panels in one column of Fig. 3 and two rows of Fig. 4 resemble Fig. 6 of Boutin *et al.* (2015), which only considered playing at normal pitch.] This confirms, in detail, some previous observations for normal playing and compares them with lipping up and down. First,  $u_{\text{bore}}$  (the acoustic flow into the mouthpiece and then into the bore) leads the mouthpiece pressure  $p_{\text{bore}}$  for normal and lipping up and lags it for lipping down:  $Z_{\text{bore}}$  is inertive for lipping down and compliant for the others. The actual playing frequency is related to the relative phase between  $p_{\text{bore}}$  and  $u_{\text{bore}}$ , according to the complex spectrum of  $Z_{\text{bore}}$ . To achieve these phase relationships, players vary their lip properties and mouth pressure; the question is: how do they do it?

Figure 3 also shows that both the acoustic and average flows are considerably smaller for normal playing with the latter observation being consistent with players' ability to sustain notes longer for normal playing.

## B. Motion of the lips

In Fig. 3(d),  $x_{\text{upper lip}}$  and  $x_{\text{lower lip}}$  show the effective  $x$ -components of the displacement of the lips on the sagittal plane (the vertical plane of symmetry), estimated from the area of the lips in the side view, divided by their heights;  $z_{\text{between lips}}$  is the distance between the highest and the lowest points of the aperture. The plots of  $x_{\text{upper lip}}$  and  $z_{\text{between lips}}$  in Fig. 3(d) and the images in Fig. 4 show that the longitudinal ( $x$ ) motion leads the transverse ( $z$ ) motion in phase so that the lips begin to move forward into the mouthpiece while still closed, open while displaced forward, retract from the mouthpiece while open, and close when the lips are substantially retracted toward the teeth. For the same reason, the volume  $V$  of the lip tissue in the mouthpiece leads the area of the aperture between the lips. Similar observations about the motion of brass players' lips for normal playing were made by Copley and Strong (1996) and Yoshikawa and Muto (2003). A quantitative analysis of this behavior and its contribution to maintaining auto-oscillation is given below.

In the present study, players produce auto-oscillation with loads varying from compliant (flow leads pressure) to inertive (pressure leads flow), and the phase difference by which flow leads pressure in the bore varies from about  $+69^\circ$  to  $-75^\circ$ . How is this range of phase difference between flow and

pressure related to the motion and the mechanics of the lips? We begin with qualitative explanations of the data presented in Figs. 3 and 4 for one player; later in Fig. 5, the average data for the fundamental frequency are shown as a phasor diagram for all measurements and players.

For the notes studied here, the impedance magnitude of the vocal tract is small compared with that of the bore, so  $p_{\text{mouth}} \ll p_{\text{bore}}$  (especially for normal playing, which is close to a bore impedance peak). So, because  $p_{\text{mouth}}$  is small, the acoustic component of the pressure difference acting across the lips in the longitudinal direction,  $\Delta p = p_{\text{mouth}} - p_{\text{bore}}$ , is proportionally not much different from  $-p_{\text{bore}}$  (this is quantified below). Figure 3(b) shows that the relatively short minimum in the mouthpiece (bore) pressure (corresponding to a maximum in  $\Delta p$ ) coincides roughly with the period when the lips are closed, i.e.,  $p_{\text{bore}}$  is roughly in phase with the lip aperture, which means that the pressure difference across the lips is large only while the lips are closed. (This is not as trivial as it might seem: the Bernoulli effect and the inertance and viscosity of the air between the lips could contribute to a pressure difference but for this frequency and an aperture this large, these effects are small.)

Comparing Figs. 3(b) and 3(c) shows that the interval between extrema in  $U_{\text{bore}}$  and  $p_{\text{bore}}$  varies considerably between lipping up and down. [Later, we show that the average phase varies from  $+59^\circ$  (up) to  $-55^\circ$  (down) at the fundamental frequency of the note.] Equation (1) shows that  $U_{\text{bore}}$  is the sum of two different flows: the sweeping flow  $u_{\text{sw}}$ , which alternates between positive and negative, and the (always) positive aperture flow  $U_{\text{ap}}$ . The phase difference between  $U_{\text{ap}}$  and  $p_{\text{bore}}$  will depend upon the detailed behavior of  $\Delta p$  and the lip aperture.

The contribution of  $u_{\text{sw}}$  to  $U_{\text{bore}}$  makes a significant difference. In general, once the lips start to move forward into the mouthpiece,  $u_{\text{sw}}$  will start to make a positive contribution to  $U_{\text{bore}}$ , but  $U_{\text{ap}}$  remains zero until the lip aperture opens; at that moment,  $U_{\text{ap}}$  starts to make a positive contribution. Eventually, the lips will start to retract and  $u_{\text{sw}}$  then becomes negative. The relative timing of the events, lip advancing, lip opening, lip retraction, and lip closing, can shift the relative phase of  $U_{\text{bore}}$  with respect to  $p_{\text{bore}}$ .

Thus, if the lips open while  $u_{\text{sw}}$  is increasing or near its maximum,  $u_{\text{sw}}$  will add to  $U_{\text{ap}}$  and bring the maximum in  $U_{\text{bore}}$  forward. If the lips open while  $u_{\text{sw}}$  is decreasing, the maximum in  $U_{\text{bore}}$  can be delayed; this effect will be much greater when  $u_{\text{sw}}$  is negative. The relative magnitudes of  $u_{\text{sw}}$  and  $U_{\text{ap}}$  will also be important in determining how their sum behaves.

For the lipping up example in Fig. 3 and with respect to the minimum in  $p_{\text{bore}}$ , the lips open slightly earlier than normal, which allows the flow through the aperture to increase earlier. The lips also start moving forward slightly earlier and faster than for normal playing. The larger magnitude of  $u_{\text{sw}}$  adds to  $U_{\text{ap}}$  during their increasing phases. Furthermore, the larger, subsequent negative value of  $u_{\text{sw}}$  as the lips retract opposes the contribution of aperture flow  $U_{\text{ap}}$  to the total flow  $U_{\text{bore}}$  while the lips are closing. In consequence,

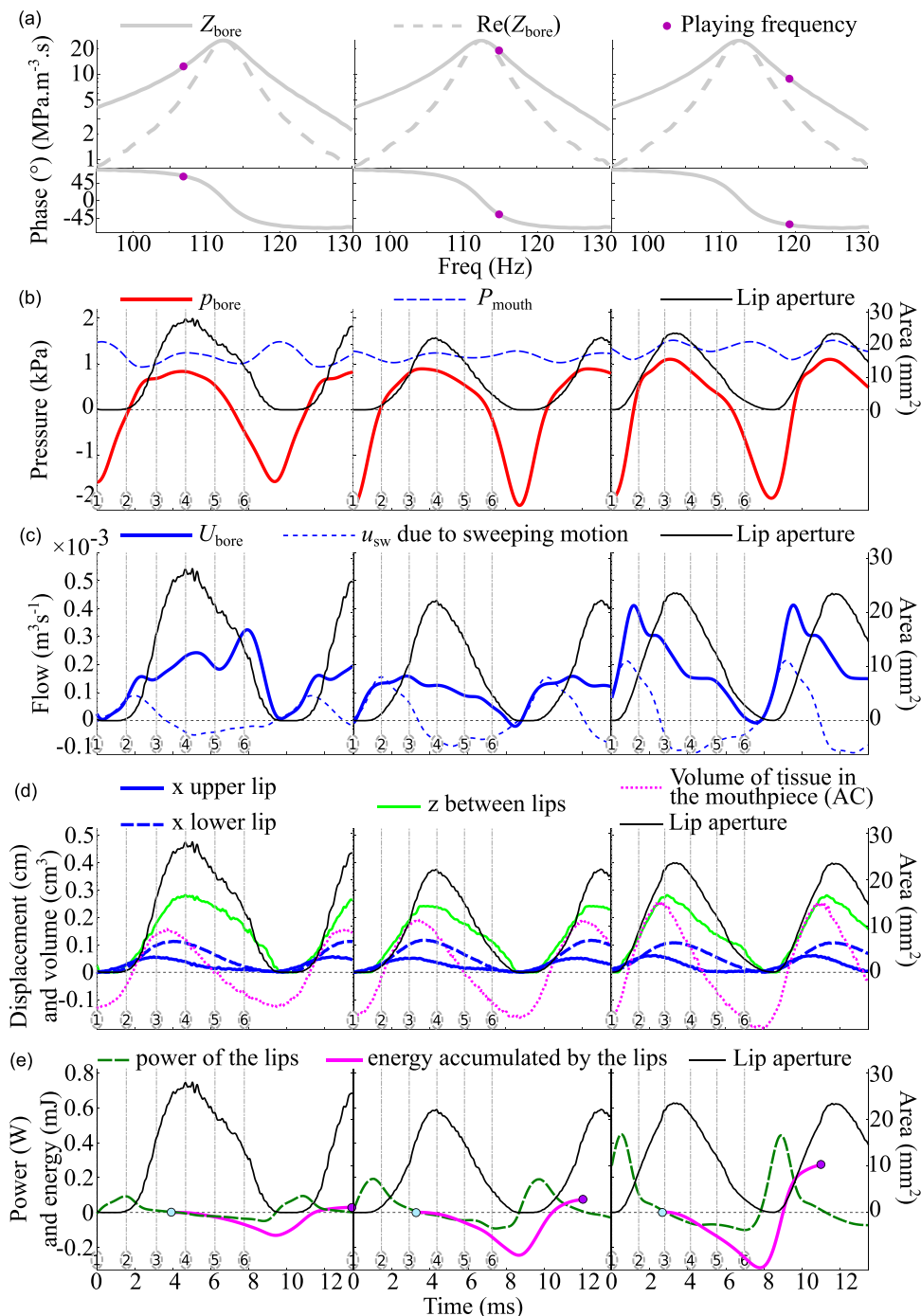


FIG. 3. (Color online) Pressures, flow, and lip motion for an expert player lipping down (left column, 107.0 Hz), normal playing (center, 114.8 Hz), and lipping up (right, 119.3 Hz) for the note Bb2. The top row (a) shows the bore impedance, as well as the playing frequency (magenta dots), the second row (b) shows the pressures up- and downstream, the third row (c) shows the total flow into the bore and the sweeping flow, and the fourth row (d) shows the forward displacement of the upper and lower lips, the height of the aperture between them, and the acoustic component of the volume of lip tissue in the mouthpiece. Using a simple model described below, the fifth row (e) shows the instantaneous sweeping power applied to the lips by the pressure difference and the integral of this quantity (the energy accumulated) during one complete cycle, starting from the pale blue circle on the left and ending at the purple circle on the right; both indicate instances when the power is equal to zero. This integral is the pressure-volume (PV) work supplied to the lip by the pressure difference and the sweeping action. For reference, the lip aperture is shown in all panels. Still images at the indicated points along this time axis are shown in Fig. 4.

$u_{\text{bore}}$  lags  $u_{\text{sw}}$  by a smaller angle than normal and continues to lead  $p_{\text{bore}}$ .

When lipping down, the aperture is larger and begins to open later. The sweeping flow has a smaller magnitude. In consequence, the positive increasing section of  $u_{\text{sw}}$  makes a

smaller contribution toward  $u_{\text{bore}}$  while the lips are opening, and its subsequent negative section has a less cancelling effect on  $u_{\text{bore}}$  while the lips are closing. Consequently,  $u_{\text{bore}}$  lags much further behind  $u_{\text{sw}}$ , and this contributes to  $p_{\text{bore}}$  leading  $u_{\text{bore}}$ .

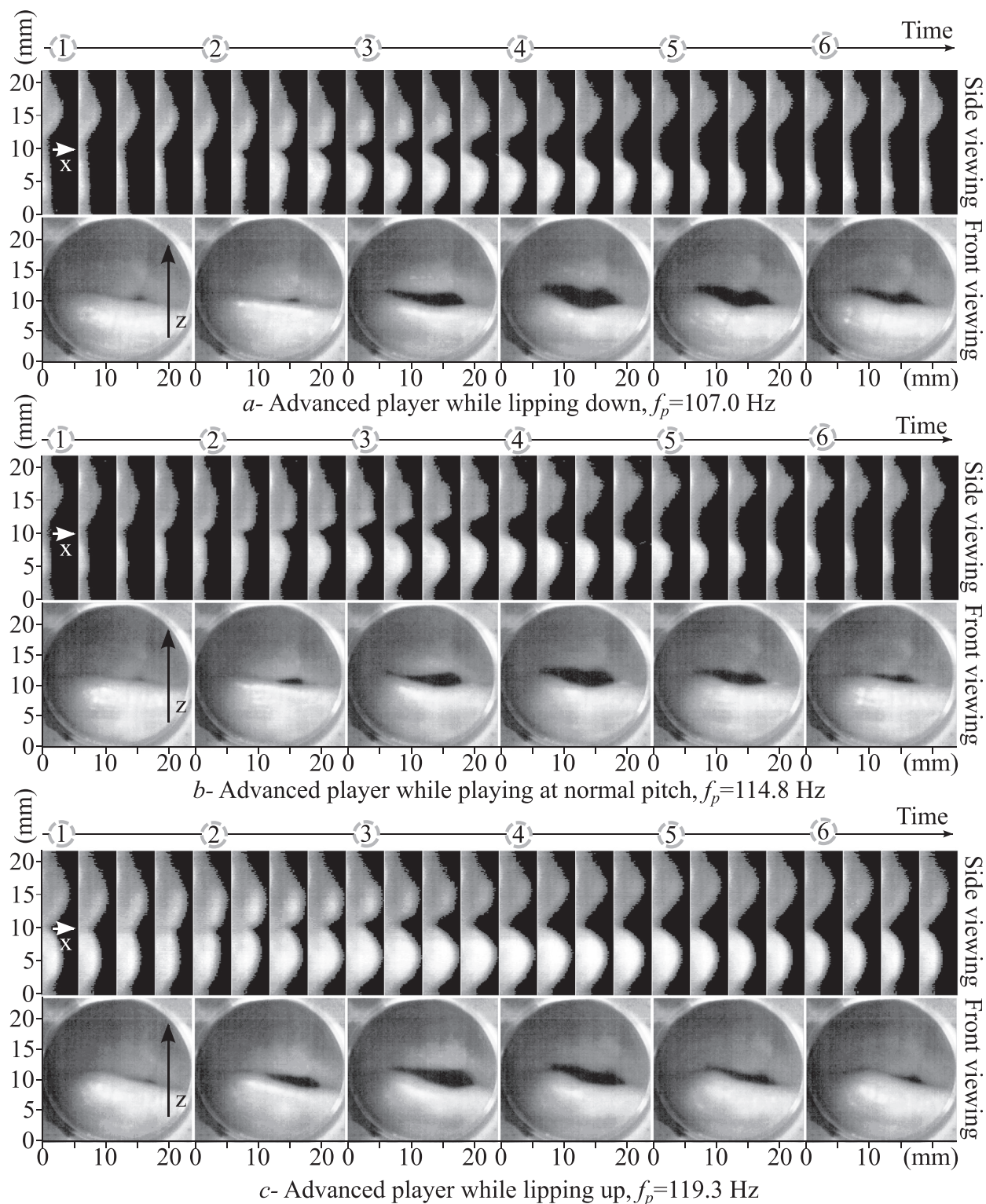


FIG. 4. Still images of the side ( $x,z$ ) and front ( $y,z$ ) views of the lips from the videos used for the data shown in Fig. 3: lipping down (top), normal playing (middle), and lipping up (bottom).

### C. Phases and amplitudes of the fundamental components

Comparison between the acoustic waveforms and the constraints imposed by the impedance of the bore can be improved by considering only their fundamental components. Figure 5

shows the amplitudes of the fundamental components of measured acoustic waveforms and the lip motion and their phase differences for 40 measurements on the seven players. They are gathered into three categories, depending on whether players were asked to “lip down” (flat), play at “normal pitch” (normal), or “lip up” (sharp). The upper diagrams correspond



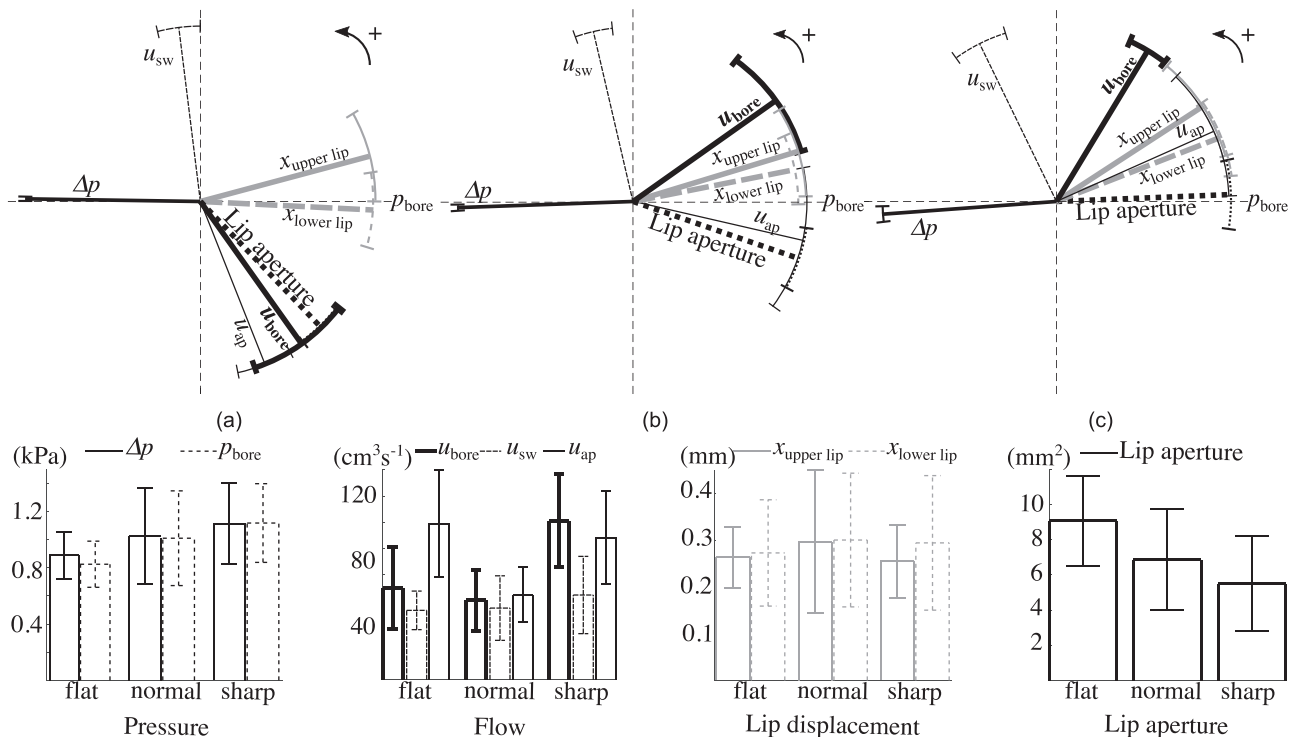


FIG. 5. (Top) The phases of the fundamental acoustic components.  $u_{bore}$ , the acoustic pressure difference  $\Delta p = p_{mouth} - p_{bore}$  across the lips, the sweeping flow  $u_{sw}$ , the aperture flow  $u_{ap}$ , the lip aperture, and the  $x$ -component of the upper and lower lip motions. The angle between each line and the positive horizontal axis corresponds to the phase difference with respect to  $p_{bore}$ , which is chosen as the reference. Data are for all players while lipping down (a), playing at normal pitch (b), and lipping up (c). (Bottom) Average amplitude and standard deviation of each waveform while lipping down (left), playing at normal pitch (middle), and lipping up (right).

to the averaged measurements for playing frequencies between 100 and 112 Hz [Fig. 5(a)], between 112 and 118.0 Hz [Fig. 5(b)], and between 116 and 126 Hz [Fig. 5(c)]. For each magnitude, the angle of the line corresponds to the phase difference relative to the mouthpiece pressure  $p_{bore}$ , chosen as the reference.

The phase difference between the mouthpiece pressure and the flow into the bore has large variations over all players and frequencies: averaged over all data, the mouthpiece pressure leads the flow by  $55^\circ$  while lipping down (inertive load), lags the flow by  $35^\circ$  at normal pitch, and lags the flow by  $59^\circ$  while lipping up (compliant loads). Some of this wide range of phase angles can be explained by altered timing of the lip aperture with respect to the lips moving forward. Here, we will take the upper lip as the reference because the upper lip leads the lower lip in 68% of the notes played. In all cases, the sweeping flow will necessarily lead the lip motion by around  $90^\circ$ .

When lipping up into compliant loads, the lips open relatively early after they start moving forward; the aperture lags  $31^\circ$  behind  $x_{upper}$  compared with  $36^\circ$  in normal playing. Subsequently, the aperture flow  $u_{ap}$  occurs earlier (a lag of  $9^\circ$  behind  $x_{upper}$  compared with  $30^\circ$  in normal playing) and is now approximately in quadrature ( $92^\circ$ ) with  $u_{sw}$ . The vector sum  $u_{bore} = u_{ap} + u_{sw}$  is now larger than the individual values of  $u_{ap}$  and  $u_{sw}$  and leads the lip motion ( $x_{upper}$ ) by  $26^\circ$ .

When lipping down (inertive load), the lips only open toward the end of their forward motion and the aperture

lags  $x_{upper}$  by  $61^\circ$  compared with  $36^\circ$  in normal playing. The aperture flow  $u_{ap}$ , thus, occurs later (a lag of  $74^\circ$  behind  $x_{upper}$  compared with  $30^\circ$  in normal playing) when  $u_{sw}$  is already negative.  $u_{ap}$  and  $u_{sw}$  are now approximately in phase opposition ( $165^\circ$ ), but because  $u_{ap} > u_{sw}$ ,  $u_{bore}$  will have a similar phase to  $u_{ap}$  (leads by  $5^\circ$ ) and lag  $x_{upper}$  by  $70^\circ$ .

Changes in the timing of the lip aperture can, therefore, significantly vary the phase of  $u_{bore}$  with respect to the start of the lip motion. The lip's  $x$  motion leads  $p_{bore}$  by a similar amount for lipping down, normal playing, and lipping up ( $15^\circ$ ,  $17^\circ$ , and  $33^\circ$ , respectively; Fig. 5). Consequently, the timing of the lip aperture similarly affects the relationship between  $u_{bore}$  and  $p_{bore}$ .

#### D. Work done on the lips

In order to investigate how  $\Delta P$ , the lip motion, and their phase difference contribute to the lip oscillation, one component of the work done on the lips is estimated using a simple model to explain aspects of the auto-oscillation (Boutin *et al.*, 2014). It has been argued (Cullen *et al.*, 2000) that models with a single degree of freedom ("one mass one spring") cannot reproduce important features of the observed behavior of the lip-bore interaction. Although the lip-bore-airflow interaction has strongly nonlinear elements, some insights may be gained using a linear model for the lip with two degrees of freedom (as demonstrated by Velut *et al.*, 2017).



Following Strong and Dudley (1993) and Adachi and Sato (1996), the lips are treated, here, as plates that swing in the  $(x, z)$  plane and contract and expand along their vertical lengths. The motion of the top lip in that model is sketched in Fig. 6 for four instances in a cycle in which the bottom right corner executes sinusoidal oscillations in the  $x$  and  $z$  directions. Note that as in Figs. 3 and 4, the longitudinal ( $x$ ) motion leads the transverse ( $z$ ) motion so that the lips move forward into the mouthpiece while still closed, open while displaced forward, retract from the mouthpiece while open, and close while retracted.

Approximately uniform pressures  $P_{\text{mouth}}$  and  $P_{\text{bore}}$  are assumed to act on the up- and downstream sides of the lips, respectively. Making the approximation that the kinetic energy of the jet is completely lost in turbulence, there is no pressure recovery: the pressure is the same between the lips as downstream (Elliott and Bowsher, 1982; Cullen *et al.*, 2000). [Giordano (2019) calculates the pressure distribution for a partly similar model, although for a much higher pressure and frequency.] With this approximation,  $P_{\text{bore}}$  is also the pressure in the channel as indicated. (The pressure falls from  $P_{\text{mouth}}$  to  $P_{\text{bore}}$  as the air is accelerated to its highest speed between the lips; it then loses all its kinetic energy in turbulence.) Hence, negligible work is done on the lips by  $\Delta P$  during the lip contraction (Fig. 6, ii to iii) and extension (Fig. 6, iv to i). Further, these two small contributions tend to cancel each other out around a cycle. It is, therefore, important to distinguish between the volume of air displaced by motions in the  $x$  and  $z$  directions.

This model does not include surface waves or independent motion of multiple masses in the  $z$  direction, mechanisms that allow  $\Delta P$  to do work on the lips due to their  $z$  motion. Omitting it here does not imply that such work is negligible. Rather, this work is something that cannot be easily estimated from the measurements reported here because they do not reveal such motion.

In the model used, here, with pressure between the lips equal to  $P_{\text{bore}}$ , the net sweeping work done around a cycle can be positive for two reasons. First, if  $\Delta p$  (the acoustic component of  $\Delta P$ ) and the forward velocity had roughly the same phase, then  $\Delta p$  would do positive work on the lips in both directions. The second reason comes from the observation that the lip aperture is smaller when moving forward in the  $x$  direction than when returning. For this behavior, even if  $\Delta P$  were constant ( $\Delta p = 0$ ) around a complete cycle, then the work done on the lips would be positive because the

closed lips sweep more volume in the  $x$  direction during the forward motion than the open lips do in returning. Thus,  $\Delta P$  always does pressure-volume (PV) work on the lips for the motion observed here, while the sign of the PV work done by  $\Delta p$  changes, depending on the relative phase of  $\Delta p$  and the longitudinal lip motion  $x(t)$ .

$U_x$  is the longitudinal component of the flow due to the sweeping action of the lips, calculated as described in Sec. II G. The work  $dW_x$  done on the lips by the pressure difference over each time step, according to the simple model, is then calculated as  $dW_x = \Delta P U_x dt$ . Note that the longitudinal sweeping flow  $U_x$  has a nonzero average because the lips are taller as they move forward and shorter when they retreat. This contributes in the positive sense to  $dW_x$ . The integral of  $dW_x$  around a whole cycle is hereafter called the sweeping work  $W_x$ .

Around one cycle of the note Bb2, the PV work done by  $\Delta P$  on the lips' longitudinal sweeping flow (the sweeping work) for normal playing by advanced players has an average value equal to  $38 \pm 28 \mu\text{J}$ . The relatively large variation of the values includes noise due to the image analysis but also suggests the possibility of different playing styles among subjects. Its value depends on the pressure difference  $\Delta P$  across the lips, the longitudinal sweeping flow  $U_x$ , and the phase difference between their acoustic components  $\Delta p$  and  $u_x$ .

The amplitude of  $u_x$  does not have a strong systematic dependence on the playing frequency; see Fig. 7(b). The amplitude of  $\Delta p$  reaches a maximum value around the normal playing frequency (about 116 Hz); see Fig. 7(a). This variation of pressure amplitude contributes more work done on the lips when playing at normal pitch. In contrast, the increasing phase difference between  $\Delta p$  and  $u_x$  while the playing frequency decreases [see Fig. 7(c)] implies less sweeping work when players lip down.

Figure 8 shows the sweeping work  $W_x = \int \Delta P U_x dt$  done on the lips during one cycle. Overall,  $W_x$  increases from lipping down to normal to lipping up (frequency ranging from 100 to 126 Hz). The standard deviations are considerable. For 39 of the 51 measurements and 20 of the 23 notes played by advanced players,  $W_x$  is positive, and its average value is  $39 \mu\text{J}$  overall and  $46 \mu\text{J}$  for advanced players. For 12 of the measurements, it is negative (median value equal to  $-22 \mu\text{J}$ ).

The negative values in  $W_x$  are interesting. How is auto-oscillation possible when  $\Delta P$  does negative sweeping work?

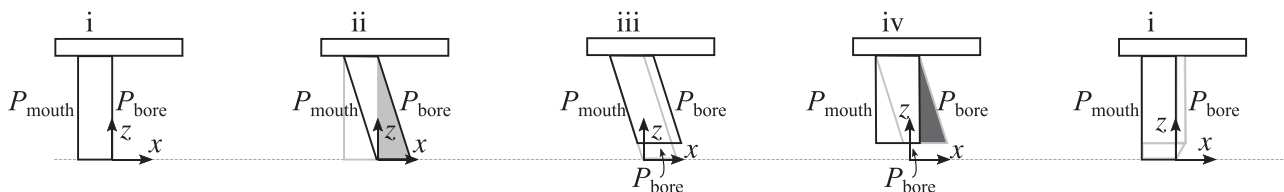


FIG. 6. Black lines show four instances during a cycle of a simplistic model for the motion of the upper lip; gray lines show the previous positions.  $P_{\text{mouth}}$  and  $P_{\text{bore}}$  are the pressures in the mouth and bore, respectively.  $x$  and  $z$  are the longitudinal and vertical displacements of the bottom right hand corner of the plate. The phase difference between  $x$  and  $z$  has been exaggerated in the sketch.

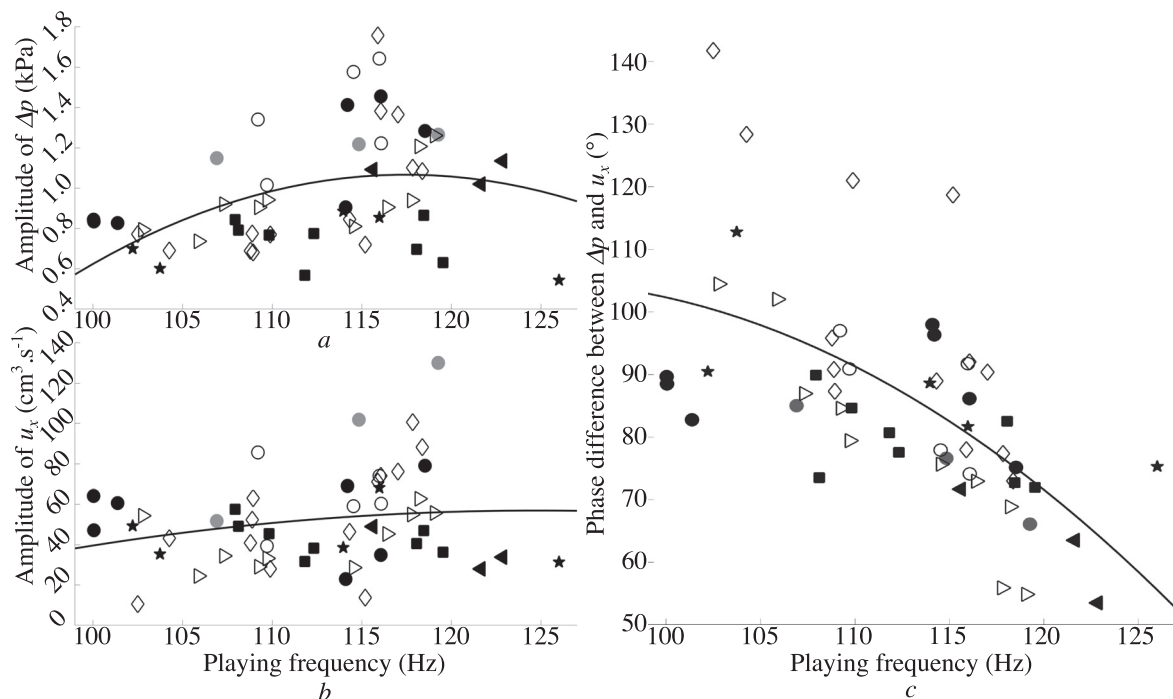


FIG. 7. Amplitude of the acoustic pressure difference  $\Delta p$  across the lips (a), amplitude of the acoustic component of the longitudinal sweeping flow  $u_x$  (b), and phase difference between  $\Delta p$  and  $u_x$  (c) versus playing frequency for advanced players (closed symbols) and beginners (open symbols). The solid black lines show quadratic regressions. The gray symbols are for the examples in Figs. 3 and 4.

All of the negative cases are for two particular players (beginners) when lipping down. It is possible that another effect, such as the surface wave effect mentioned above, provides the positive work in such situations. The experiments conducted here do not allow estimates of work from these other effects, so the following discussion quantifies only the longitudinal sweeping work.

In the simple model discussed above, two different effects provide the driving force on the lips. First, the oscillatory pressure difference  $\Delta p$  acts to accelerate them in the  $x$  direction. If the phase of this pressure term is within about  $\pi/2$  of that of  $v_x$  (and, thus, if  $\Delta p$  is between about zero and  $\pi$  ahead of  $x$ ),  $\Delta p$  does positive work on the lips around each cycle. In lipping down, the phase of  $\Delta p$  leads  $x$  by nearly  $\pi$ , but the angle decreases for normal and lipping up. Thus, this term delivers little power for regeneration when lipping down, but successively more regenerative power for normal and for lipping up, and contributes to the positive correlation evident in Fig. 8.

A second effect is that  $\overline{\Delta P}$  does work on the lips around a whole cycle because of the nonzero longitudinal sweeping flow; this term delivers power  $\overline{\Delta P} U_x$  in phase with  $u_x$  as explained above. The longitudinal  $u_x$  term arises because the lips are longer coming forward than going backward, so  $\overline{\Delta P} U_x$  is expected to be in phase with  $v_x$  or  $\pi/2$  ahead of  $x$ . This provides a regenerative work term that is largely independent of the phase of other variables.

## E. Energy considerations

Figure 8 includes estimations of energies made using the average values for each of the three gestures. The

sweeping work done on the lips is estimated using  $\int \Delta P U_x dt$  for one cycle using the simple model. The sweeping work is divided into two terms:  $\overline{\Delta P} \int U_x dt$  and  $\int \Delta p U_x dt$ . The first term (first bar) is positive, on average, since  $\overline{\Delta P}$  and  $\int U_x dt$  are positive, while the second term (second bar) can be positive or negative, depending on the phase difference between  $\Delta p$  and  $u_x$ . Any work done in the transverse direction according to vertical motion and other effects and models is not included.

To obtain a rough estimate of the kinetic energy of the lips, the maximum of the effective  $x$ -velocity,  $v_{x\text{eff}}$ , is given by the peak of the time derivative of the lip volume inside the mouthpiece cup, divided by  $4.2 \text{ cm}^2$ , the area inside the mouthpiece rim. The  $x$ - and  $z$ -components of the lip motion have comparable amplitudes, so they are arbitrarily set equal. If the measured phase difference between the two is  $\alpha$ , then the maximum kinetic energy is  $m v_{x\text{eff}}^2 \cos^2(\alpha/2)$ . The values in Fig. 8 assume an effective thickness of 5 mm (so a mass  $m$  of 2 g bounded by the mouthpiece rim). Consequently, even if the lip-lip or lip-teeth collision is wholly or substantially inelastic, the sweeping work done by  $\Delta P$  can usually replace it. Note that these energy terms are all much smaller than the energy input by the player's breath,  $\int P_{\text{mouth}} U_{\text{bore}} dt$ , which is typically  $\sim 1 \text{ mJ}$  for one cycle (an input power of about 100 mW).

As discussed earlier, the lip regeneration via the sweeping motion in normal playing involves one or both of two effects: a positive  $\overline{\Delta P}$  and an  $x$  motion that leads the  $z$  motion, or a similar phase of  $\Delta p$  and  $v_x$ . In the absence of the downstream resonator, and well away from resonances of the vocal tract, only the first effect is available. If a player

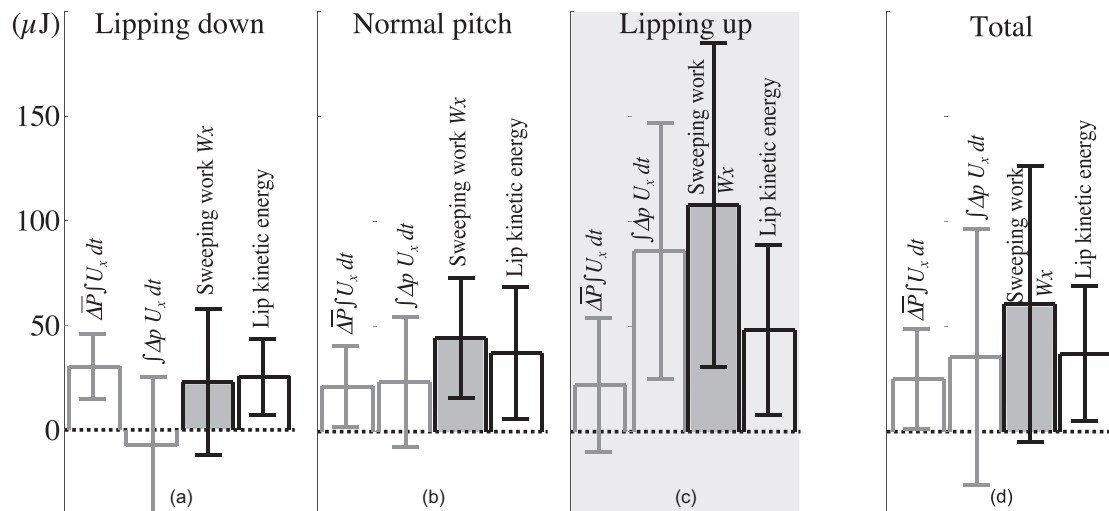


FIG. 8. Averages and standard deviations of the energies associated with the lips during one cycle for lipping down (a), normal pitch (b), lipping up (c), and all measurements (d). The longitudinal sweeping work  $W_x$  is shown in black with gray shading, and its two components are shown in gray on its left. The lip kinetic energy is in black without shading.

could buzz the lips using the lip motion measured for normal playing but with a constant value of  $\overline{\Delta P} \sim 1.3$  kPa, equal to that for normal playing, then the sweeping work would be  $\sim 20$   $\mu\text{J}$  (as in Fig. 8).

#### F. The range of lipping up and down

To the question of what limits the range of lipping, many brass players would give a simple pragmatic answer: in practice, players who try to lip up a long way end up “jumping” to the instrument’s next register. In many cases, this is what happened in this study when players tried to extend the range of lipping up. In the other direction (lipping down from Bb2), the only bore resonance with a lower frequency (at about 38 Hz) is difficult to play because its harmonics do not coincide with its resonances. Instead, experienced players can play what is called a pedal note, Bb1, for which the second and higher harmonics fall close to the second and higher resonances, but the first does not fall near a resonance. In this study, the lower limit did not involve jumping to a lower register, but instead players ceased to make a periodic sound. [It should be remembered that the limits discussed here only apply to stable notes: many good players can, without using the slide, perform a “lip *glissando*” (strictly a lip *portamento*): they can smoothly vary the pitch over a large range, crossing several resonances.]

This raises the question: is the limitation to lipping up and down determined by the inability of the lips to match  $Z_{\text{bore}}$ , and/or does pitch bending in one direction or another continue until there is insufficient energy to maintain auto-oscillation?

Figure 2 indicates that the lipping range is roughly symmetrical around the nearly symmetrical impedance peak in  $Z_{\text{bore}}$ . The range of the phase angle is roughly symmetric around zero. When lipping up, the lip aperture opens soon after the lips enter the mouthpiece. If  $u_{\text{bore}}$  is to lead  $p_{\text{bore}}$  by

a larger amount, then the lips must open even earlier and/or the relative magnitude of  $u_{\text{ap}}$  with respect to  $u_{\text{sw}}$  must be reduced (see Fig. 5). When lipping down, the lips open later; if  $u_{\text{bore}}$  is to lag  $p_{\text{bore}}$  even further, then the lips must open even later and/or the relative magnitude of  $u_{\text{ap}}$  with respect to  $u_{\text{sw}}$  must be increased.

The negative value of  $\int \Delta p U_x dt$  for lipping down contributes to the low value of sweeping work in Fig. 8. This may contribute to the lower limit of lipping down but not to the upper limit.

#### IV. CONCLUSIONS

Players normally play a little above the frequency of the bore impedance peak; they are capable of “lipping up” roughly half a semitone and “lipping down” roughly a tone. The upper and lower limits of the range have similar values of the impedance magnitude, which are about 15% of the magnitude at resonance and relative phases ranging from about  $-69^\circ$  to  $+75^\circ$ .

In order to lip up and down, players must alter the phase between  $p_{\text{bore}}$  and  $u_{\text{bore}}$  so it matches the requirements of  $Z_{\text{bore}}$  at the desired frequency. This adjustment is possible, in part, because  $U_{\text{bore}}$  has two distinct components. One component is the flow through the lip aperture,  $U_{\text{ap}}$ , which is always positive and starts approximately when the lip aperture opens. The other component is the sweeping flow,  $u_{\text{sw}}$ , that is a consequence of the changing volume of the lips inside the mouthpiece; this flow is initially positive when the lip volume increases and becomes negative as the lips begin to contract. The relative timing of these four events, lip forward motion, lip aperture opening, lip retraction, and lip closing, can shift the relative phase of  $U_{\text{bore}}$  with respect to  $p_{\text{bore}}$ . (Other subtleties are discussed above.)

Because the lips move forward before they open, non-zero work would be done on them by the pressure difference across the lips even if that pressure difference were constant.

If it varies and has phase overlap with the longitudinal velocity of the lips, the work done per cycle is greater. The work from these two terms is available to compensate for internal mechanical and other losses associated with vibration. This sweeping work is about 20 times smaller than the work it modulates, i.e., the work input to the instrument by pressure and air flow from the mouth. The sweeping work is, however, of the same order as the maximum kinetic energy of the lips. It is, thus, capable of replacing the energy lost per cycle in lip-lip and lip-teeth collisions. This makes sweeping work a likely source of much or perhaps all of the energy required for auto-oscillation.

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